

Year 10 Working in Teams: Emotional Intelligence

Introduction

This section will help pupils reflect on their relationships to other people and the skills they use when working in groups. They will begin by filling in their footprint form online and the result they get from that will be used as a basis for many of the activities in sessions 2 and 3.

Resources

Mindset + instructions + thought processes
Footprint accessed individually
"My Styles" sheet for each pupil
Individual answersheets
Board and pens

Aim

To introduce the footprint form and help them how to fill it in accurately

Activity 1

Teacher to go through the idea of thought processes, mindsets and the instructions on how to access and fill in the footprint form.
(5 mins)

Activity 2

Pupils to work individually and silently on filling in the footprint form online.
(20 mins)

Aims

To identify key characteristics in themselves and a close friend.

Activity 3

Form the class into pairs of close friends and issue them with the "My Styles" game between them and an answer-sheet each. They should take it in turns to pick their main characteristic from each of the categories in the following way:

A: picks main driver characteristic of their own and fills in the first two rows.

B: without looking at A's answer should then pick what they think is A's main driver characteristic and a situation when they showed that characteristic, tell A who then fills in the next two rows of his/her own sheet.

Repeat process with B and then with the influencer, steadier and calculator characteristics.

(20 mins)

Activity 4

Hopefully (!) each pair will have filled in differing but similar answers. They now need to fill in the conclusion row together. Show them the sample game and discuss how the conclusions can be drawn by bringing the two opinions together. Ask them to write their own conclusions and ring the conclusion which they think will be the most valuable quality they have, when they are working as part of a team. Discuss their answers with their friend.

(10 mins)