

TEACHER INSTRUCTIONS

Aims and Objectives:

This is an exercise in Leadership and Team working

Materials required: (please check that they are ready)

- 6 sheets of A4 paper
- 1 Egg
- 1 small roll of sellotape
- 1 balloon (not blown up)
- 25 paperclips
- 1 small lump of blu-tac

DON'T TELL THE STUDENTS WHAT THE ACTIVITY IS ABOUT! Let them define the objectives between themselves when they receive the 'Eggsercise' brief.

What we are going to do now is a practical exercise. The purpose is for the students to experience some of the skills of leadership and teamwork. Please make notes of your observations for the feedback session at the end. In particular please note the dynamics of the group.

Who seemed to become the leader of the group?

Did the others in the group accept the leader?

Were there any power struggles in the group?

Did everyone participate in the exercise?

Was anyone excluded from the group?

Who seemed to be doing most of the talking?

Who seemed to be doing most of the listening?

How many times did they revisit the brief?

Did the group set themselves any clear objectives? E.g. 'we want to be the first to do it'

Did anyone use the My Style sheet during the exercise?

Did anyone mention their behavioural style on their labels?

Did they give themselves a group/team name?

The object of the exercise is for the students to apply their skills in performing a task. The task itself is of no relevance whatsoever.

Instructions:

Issue the 'Eggercise' brief and the materials to the group. Let them know they have 25 minutes to complete the task and then it is up to them to organize themselves.

Debrief

After 20 minutes, stop the teams and call everyone back together.

N.B. DON'T DO THE 'EGGSERCISE' DROP YET

Now we will ask the students to feed back on what they did. Each group of 4 will have 5 minutes to give feedback to the whole group. Each student should use the rear of their *My Style* sheet for making notes on the discussion.

This is now technically the end of the session and you should have completed the objective of discussing team working and putting it into practice. All that is left to do is test out the various groups' creations!

The EGG Drop

Take the team and their egg to an area where they can release the egg from a small height onto a hard surface. Release the egg.

Check to see if the egg is unbroken. You make the final decision.