



NAME: Anna Telling

Summary for Anna Telling

Hi Anna,

Your footprint answers have placed you in the driver quadrant of learning; this means that you are a creative person, who can see the big picture and won't be put off by little difficulties. You like practical knowledge which helps you to achieve your personal goals.

Strengths.

Being practical usually means that you like to get straight to the point and get things done; this confidence means that you will like to try things out for yourself and get feedback from someone that you respect. You will be eager to begin and you can work alone quite well.

Areas to develop.

Do more research, also work on your empathy and listening skills. An exercise which often helps is to keep a 'reflective learning journal'. Writing things down should help you to get in touch with how you feel before getting started.

Problem solving skills.

You work best in short bursts of activity and you will tackle a problem head on. Remember to take some time to consider alternatives before acting.

What stresses you out.

Boredom caused by going too slowly and doing things 'over and over'. You like to get to the next thing quickly, but you can miss important details out unless you check out the facts and listen.

Anti stress strategy.

Learn not to be too picky. Try to take your time. Don't jump to conclusions. Allow yourself to be open to the ideas of others; they might be useful to you. As examinations approach and choices need to be made, you have to develop a sense of responsibility and become more involved. Spend time thinking about your strengths and weaknesses; research subjects or careers which interest you. This will help to make your choices smarter. As well as knowing your academic strengths, understanding your style is very important. Make good use of all the resources that are available; ask someone that you trust e.g. parents, teachers and your friends for advice and any practical help you need; particularly if something is causing you stress. Asking for help shows maturity and improves your chances of success.

What you have to offer.

You will be comfortable and effective in an environment which has interesting challenges and where you can prove yourself. Your driving style will pay dividends when elegant solutions to problems are needed.

